

Parent / Toddler Education Class -

Daily Lesson Plan

SUBJECT Mommy & me / Parent & toddler

INSTRUCTOR Joyce Marie Brusasco

LESSON TOPIC Effective Communication with Toddlers

DATE Spring 2009

OBJECTIVE(S) *At the conclusion of the lesson, parents will be able to identify communication patterns of a toddler, pick up on verbal and non-verbal cues of a toddler, will be able to active listen and identify characteristics of toddler speech.*

TRAINING AIDS *Flip chart, handouts and age appropriate toys*

CLASS WORK *Discussion, observation, brainstorming, communication patterns, word patterns and interactive play (body language and non-verbal)*

| TIME | LESSON OUTLINE | KEY POINTS |
|--------|--|---|
| 10 min | <p>INTRODUCTION</p> <p>Welcome parents and toddlers, introduce communication as the topic for the day.</p> <p>Ask parents to take the next 20 minutes to observe different communication styles.</p> <p>They will be expected to talk about what they saw.</p> | <p>Communication has two major components – verbal and non-verbal</p> |
| 20 min | <p>Activity – craft. Put together a simple craft that the children can do with their parents. Allow for plenty of time for the parents to interact with each other too. This time also allows for late comers.</p> | <p>Observe and listen to the parents talk</p> <p>Watch verbal and non verbal communication.</p> |
| 30 min | <p>PRESENTATION</p> <p>Identify key communication points – types of communication to look for which have been observed in the last 20 minutes.</p> <p>Ask parents to identify what they saw and observed from each other and from the toddlers</p> <p>Write responses on a blackboard, flipchart or whiteboard.</p> | <p>Breakdown observation techniques – clarify to parents the difference in communication behavior – verbal and non-verbal, speech patterns, body language and the importance of listening.</p> <p>Pass handouts</p> |

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| 15 min | PRESENTATION Identify good and bad types of communication – go over basic communication skills. | KEY POINTS Explain the philosophy of good communication versus bad communication; what works and what doesn't work |
| 10 min | SNACK / BREAK Provide juice and crackers | Clarify any individual questions in the casual break session one-on-one |
| 35 min | APPLICATION Take the parents and toddlers out to the play yard. Swings, sand toys, slides and balls Have the parents apply what they have learned about communication to their own children Still in the play yard – have the parents apply the communication skills to children other than their own. | Keep the parents on topic of using appropriate communication skills |
| 30 min | Move the setting indoors – provide music to... Dance , sing, jump and indoor play Ask parents to use their verbal and non-verbal cues to get the toddlers to do the indoor play, in addition watch for verbal and non-verbal cues of the toddler. | Keep reminding the parents of the key components of communication – stay on task. |
| 30 min | EVALUATION As the children play indoors with toys and indoor play. Talk about how application of the newly discovered communication skills worked. Stay in the indoor play or move back to the activity room, whichever is more convenient for the evaluation process. | Time to wrap up session Check for understanding. Go over this information verbally first. Pass out the evaluation handout to formally evaluate the application process. |