
A RESOURCE GUIDE TO THE
LOS ANGELES AREA by Joyce Marie Brusasco

REGIONAL CENTERS & EARLY INTERVENTION,

PARENT RESOURCES

TEEN & YOUTH RESOURCES

Fall 2009



Regional Centers

State of California Department of Development Services

Regional centers are nonprofit private corporations that contract with the Department of Developmental Services to provide or coordinate services and supports for individuals with developmental disabilities. They have offices throughout California to provide a local resource to help find and access the many services available to individuals and their families. California Department of Developmental Services website: <http://www.dds.ca.gov/>

Address: 1600 9th Street, P. O. Box 944202, Sacramento, CA 94244-2020, Info: (916) 654-1690, TTY: (916) 654-2054

Each Regional Center has evaluation, assessment, infant development program and respite care. Call to find out about additional available services

NORTH LOS ANGELES COUNTY REGIONAL CENTERS

SAN FERNANDO VALLEY

Director - George Steven
15400 Sherman Way, Suite 170
Van Nuys, CA 91406-4211
Telephone: (818) 778-1900
Fax: (818) 756-6140

Web site: www.nlacrc.org

Evaluation, assessment and infant development program.

ANTELOPE VALLEY

43210 Gingham Avenue, Suite 6
Lancaster, CA 93535-4512
Telephone: (661) 945-6761
Fax: (661) 942-4050

Diagnosis and evaluation, case management services, legal advocacy, program planning, respite services, out-of-home placement, independent living skills, and training and high risk prevention program for age 0 to 3 years.

SANTA CLARITA VALLEY

28470 West Avenue Stanford,
Suite 100

Santa Clarita, CA 91355-1121

Telephone: (661) 775-8450

Fax: (661) 775-8454 Services for disabled people of all ages and income levels. Diagnostic evaluation, consumer case/program management, and lifelong planning services. Advocacy, accessing/developing community resources, genetic counseling, prevention programs, community education/outreach, parent support services, program monitoring and technical assistance.



FRANK D. LANTERMAN REGIONAL CENTER

Director - Diane Campbell
3303 Wilshire Boulevard, Suite 700
Los Angeles, CA 90010
Telephone: (213) 383-1300
Fax: (213) 383-6526
Web site: www.lanterman.org

The Frank D. Lanterman Regional Center serves the health districts of Central, Glendale, Hollywood-Wilshire, and Pasadena within the county of Los Angeles.

HARBOR REGIONAL CENTER

Director- Patricia Del Monico
Del Amo Business Plaza
21231 Hawthorne Boulevard
Torrance, CA 90503
Telephone: (310) 540-1711
Fax: (310) 540-9538
Web site: www.harborrc.com

EASTERN LOS ANGELES COUNTY REGIONAL CENTER

Director - R. Keith Penman
761 Corporate Center Drive
Pomona, CA 91768
Telephone: (909) 620-7722 - 24 hours
Fax: (909) 622-5123
Web site: www.sgprc.org

SOUTH CENTRAL LOS ANGELES REGIONAL CENTER

Executive Director Dexter A. Henderson,
650 West Adams Boulevard, Suite 200
Los Angeles, CA 90007-2545
Telephone: (213) 744-7000
Fax: (213) 744-7068
Web site: www.sclarc.org

WESTSIDE REGIONAL CENTER

Director - Michael Danneker,
5901 Green Valley Circle, Suite 320
Culver City, CA 90230
Telephone: (310) 258-4000
Fax: (310) 649-1024
Website: www.westsiderc.org

Early Intervention

ABILITY FIRST

6530 Winnetka Avenue; Woodland Hills, CA 91367
(818) 884-6612 Fax (818) 884-9668
www.abilityfirst.org

Infant/toddler program for 18 months to 3 years at Harry A. Miller Center
Provides aquatic programs, after-school recreation programs, school recreation programs.



ANTELOPE VALLEY YOUTH AND FAMILY SERVICES

44815 N. Fig Avenue, Suite 101; Lancaster, CA 93534
(661) 949-1069 Fax (661) 948-5049
www.avys.av.org

Referral center: Information, assessment and referrals to intervention and prevention programs for at-risk youth and families, parenting classes, community outreach, awareness presentations, anger management classes.

BABY STEPS #1

27616 Newhall Ranch Road #25; Santa Clarita, CA 91355
(661) 294-7900 Fax (661) 294-8333
Early Start Program for infants and toddlers from birth to three years of age with special needs and their families. Center or home-based speech, physical & occupational therapy, care giving training, transition/inclusion opportunities, feeding/swallowing therapy, sensory/motor therapy, nutrition, counseling, touch communication, family support group, behavior management, bilingual staff.

BUONORA CHILD DEVELOPMENTAL CENTERS

19325 Sherman Way; Reseda, CA 91335
(818) 885-6200 Fax (818) 885-6228
Early Intervention Program, 18 months-3 years. Preschool program, 18 months-5 years. Elementary program through third grade. NAEYC accredited.
Infant development program –center based and in-home, parent education and resource center, supported inclusion for preschool through elementary, summer camp and swim program, parent and child program.

BRAILLE INSTITUTE LIBRARY SERVICES
741 N. Vermont Avenue
Los Angeles CA 90029-3594
(800) 808-2555
(323) 663-1111, ext. 500
(323) 660-3880 (TTY)
bils@braillelibrary.org
www.braillelibrary.org



CENTER FOR CHILD DEVELOPMENT & DEVELOPMENTAL DISABILITIES

4650 Sunset Blvd, Mail Stop #53; Los Angeles, CA 90027
(323) 669-2300 Fax (323) 671-3842
www.uscuap.org
Training center for specialists working with children with disabilities and their families. USC University Affiliated at Children's Hospital, Los Angeles. Diagnostic Clinic for assessments of developmental delays,

Hearing Abilities Clinic for assessing children with learning disabilities and Feeding Clinic

CENTER FOR INFANT-PARENT DEVELOPMENT

17200 Ventura Blvd. #128; Encino, CA 91316
(818) 971-5284 Fax
Mental health and educational services for infants, children (0-5 years) and their parents.
Evaluation including office & home visit, psychological testing, parent education, parent support, family psychotherapy, supervision for professionals

CSUN EARLY INTERVENTION PROGRAM, DEPARTMENT OF COMMUNICATION

DISORDERS

18111 Nordhoff Street (Monterey Hall building); Northridge, CA 91330-8288
(818) 677-2856 Fax (818) 677-5952
Infant/toddler program for at-risk and developmentally delayed children and their care providers. Siblings welcome. Multi-disciplinary staff provides a center-based program in a preschool environment that includes individual speech and parent support. In-home services using floor-time methodology, play-based developmental assessment, and others.

CSUN LANGUAGE, SPEECH & HEARING CENTER

18111 Nordhoff Street (Monterey Hall building); Northridge, CA 91330-8288
(818) 677-2856 Fax (818) 677-2632
Assessment, evaluation, and/or therapy for language, speech and hearing disorders. Self, agency, or physician referral. Audiology services including: hearing testing, hearing aid evaluation, ear molds, hearing aids and batteries.



**HAND IN HAND FAMILY
& CHILD DEVELOPMENT
CENTER**

17200 Ventura Blvd. #112; Encino,
CA 91316
(818) 986-7776 Fax (818) 986-7766
Early intervention program, speech,
language, OT & PT therapies.
Provides occupational and physical
therapy, speech and language therapy,
infant toddler early intervention
programs,
and psychotherapy and counseling
services.

**LOS ANGELES UNIFIED
SCHOOL DISTRICT**

333 S. Beaudry Ave.; Los Angeles,
CA 90017
(213) 241-1000 Fax
lausd.net
Infant/preschool programs. Assessment,
itinerant services, home and center-
based programs, special day classes.

**MUSIC THERAPY CLINIC,
CSUN MUSIC
DEPARTMENT**

18111 Nordhoff St.; Northridge, CA
91330
(818) 677-5663 Fax
Provides individually designed music
activities for children and adults with
disabilities including autism.
Provides individual and group music
therapy by music therapists.

**UNIVERSITY CENTERS
FOR EXCELLENCE IN
DEVELOPMENTAL
DISABILITIES**

Tarjan Center at UCLA
University of California, Los Angeles
300 UCLA Medical Plaza, Suite 3302
Los Angeles CA 90095-6967
(310) 825-0170

**YMCA INFANT LEARNING
CENTER**

11133 O'Melveny Ave.; San
Fernando, CA 91340
(818) 365-7344 Fax (818) 365-4638
Parenting education for teen parents
with children ages birth to 3 years. For
teen parents attending certain high
schools.
Spanish speaking. Day care.



Parenting Resources

**CHILD AND FAMILY
GUIDANCE CENTER**

9650 Zelzah Avenue; Northridge, CA
91325
(818) 993-9311 (818) 993-8206 Fax
Mental Health Center for children and
families. Individual, group and family
therapy, abuse and neglect, parent
education, support groups, in-home
services, if eligible

**DEPARTMENT OF
CHILDREN AND FAMILY
SERVICES**

12020 Chandler Blvd.; North
Hollywood, CA 91607
(818) 755-5900 Fax
<http://dcfs.co.la.ca.us/>
Child abuse and neglect, protective
services, placement for abused and
runaway children. Parenting classes.

**FAMILY RESOURCE
CENTER (NORTH L.A.
COUNTY REGIONAL
CENTER)**

15400 Sherman Way #170; Van
Nuys, CA 91406
(818) 756-6288 Fax
Information and referral services,
lending library.
Work training programs, community
resources, lending library.

**FAMILY SERVICES
AGENCY**

16861 Parthenia St.; North Hills, CA
91343
(818) 830-0200 Fax (818) 830-0206
Programs serving families.
Programs/classes: home sharing,
domestic violence, parenting, battered
women, individual counseling for
families and couples

FAMILY STRESS CENTER

16861 Parthenia St.; North Hills, CA
91343
(818) 830-0200 Fax (818) 830-0206
Parenting education.
Community client, Crisis intervention,
Case management. Community Health
Promotion, Outpatient services

Teen and Youth Resources

AL-ANON / ALATEEN

1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617

Tel: (757) 563-1600

Fax: (757) 563-1655 1-888-4AL-ANON (1-888-425-2666)

<http://www.al-anon.alateen.org>

Al-Anon Family Groups has a long history of cooperation with professionals who work with families and friends of alcoholics. Doctors, nurses, counselors, therapists, social workers, attorneys, judicial, law enforcement, employee assistance and human resources personnel are just a few of the professions that find their patients/clients can benefit from Al-Anon/Alateen.

ALCOHOLICS ANONYMOUS

A.A. World Services, Inc., 11th
Floor

475 Riverside Drive at West 120th St.
New York, NY 10115
(212) 870-3400

L.A. Central Office

4311 Wilshire Blvd. #104
Los Angeles, CA 90010
(323) 936-4343 Fax (323) 936-8729

Counseling for those seeking independence from alcohol addiction, support groups, twelve-step program.

<http://www.aa.org>



TEEN & YOUTH SERVICE CALIFORNIA

P.O. Box 70764

Oakland, CA 94612-0764

Physical Address:

3900 Telegraph Ave, Oakland 94609

Telephone: 510-302-0550

Fax: 510-302-0551

<http://yscal.org/cm/Home.html>

Youth Service California is a statewide non-profit organization dedicated to helping California youth transform themselves and their communities through service.

Young people participating in service to others develop positive moral values and useful skills that lead to active citizenship and productive lives.

Youth service is a key to civic, educational, cultural, and spiritual transformation.

We commit our energy, our vision and our resources to support the development and transformation of the young people of California.

CALIFORNIA YOUTH SERVICES

In collaboration with the Boys & Girls Clubs of Tustin, CA

Enrollment: (949)303-9016 •

Eñ Espanol: (949)303-9018 •

Fax: (714)200-0571

Locations:

14101 Yorba Street, Suite 104
Tustin, CA 92780

22931 Triton Way, Suite 233 Laguna Hills, CA 92653

<http://www.calyouthservices.org/>

Raising children to become healthy, responsible and productive young adults is by far one of the most significant contributions that we can make to society. Parenting an adolescent often presents many difficult challenges.

Where substance abuse or delinquent activity is present, helping a youth successfully navigate adolescence may require additional resources, services and support.

California Youth Services provides resources, services and support to assist youth and their parents to address the many challenges they are facing today.

Our goal is to help adolescents make the right decisions, resulting in positive changes in their lives. This is accomplished with professional, relevant, educational and reality based programs and services that assist and support both adolescents and their parents.

PARENTS THE ANTI DRUG

Call 1-800-662-HELP

<http://www.theantidrug.com/>

<http://www.theantidrug.com/resources/>

TheAntiDrug.com was created by the National Youth Anti-Drug Media Campaign to equip parents and other adult caregivers with the tools they need to raise drug-free kids. Working with the nation's leading experts in the fields of parenting and substance abuse prevention, TheAntiDrug.com serves as a drug prevention information center, and a supportive community for parents to interact and learn from each other.

SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION

www.samhsa.gov

1 Choke Cherry Road
Rockville, MD 20857

<http://www.family.samhsa.gov/>

The Substance Abuse and Mental Health Services Administration (SAMHSA) has established a clear vision for its work -- a life in the community for everyone. To realize this vision, the Agency has sharply focused its mission on building resilience and facilitating recovery for people with or at risk for mental or substance use disorders. SAMHSA is gearing all of its resources -- programs, policies and grants -- toward that outcome.

OTHER USEFUL WEBSITES

National Institute on Drug Abuse

<http://www.drugabuse.gov/>

<http://www.drugabuse.gov/infocast/Infocastindex.html>

<http://teens.drugabuse.gov/>

<http://www.drugfree.org>

Narcotics Anonymous

<http://www.na.org/>

Dare America

<http://www.dare-america.com/>

